

We recognise that making the decision to live in an aged care is not an easy one. Our focus is providing emotional support to residents and their families upon admission, and on a day-to-day basis. You can rest assured you or your loved one are in the best of hands with our team of nursing staff, personal carers and services support staff who genuinely care.

We believe that ongoing development, reinvestment and innovation paves the way to meeting the needs and desires of our residents well into the future!



Allied Health

Allied health services in residential aged care provide essential, multidisciplinary care to improve resident's quality of life, mobility, and independence. Key services include physiotherapy for falls prevention and mobility, occupational therapy for functional assessments, podiatry, speech pathology, and dietetics. These services are tailored to individual needs, addressing chronic conditions, rehabilitation, and dementia care. These services are provided by qualified health professionals - distinct from doctors and nurses.



Discover AdventCare Whitehorse for yourself. Call us today to book a tour or learn more on **9259 2000**.



AdventCare

Whitehorse

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AdventCare is a caring and well-respected Community based Aged Care Organisation that is guided by Christian values of the Seventh-day Adventist Church, catering for people from all backgrounds. Our Mission is to provide a safe environment with staff that are committed to meeting individual needs and identifying every requirement.

Compassionate personal Care

Situated in Nunawading, just 45 minutes from the heart of the city, conveniently located near public transport, banks, shops and schools. AdventCare Whitehorse Aged Care Residence overlooks extensive parklands with abundant flora and fauna with an award-winning landscaped creek and boardwalk area.

Whitehorse residential care promotes a multicultural environment, where people from all walks of life feel at home. Our lifestyle co-ordinators liaise with residents to arrange crafts, interactive activities, social outings and shopping trips. Facilities include indoor bowls, workshops, vegetable garden and community bus.

Residents enjoy a wide and varied selection of nutritionally balanced meals prepared fresh daily, with special diets and preferences catered for. Family and loved ones are welcome as valuable members of our community and partner with us in the care relationship with residents. Our medical care team includes visiting GPs, geriatricians, and psychologists, available both in person and via telehealth consultations. AdventCare also offer regular bus trips, helping residents stay connected with local community.

Our services include:

- 24-hour staffing with qualified and compassionate care teams
- Personalised care services to suit all needs and preferences
- Allied health services
- Palliative care
- Nutritious, delicious meals designed by dietitians and freshly prepared on site
- Respite care
- Chaplaincy support



Wellbeing & Lifestyle programs offered daily including:

Art Therapist
Exercise programs and walking groups
Concerts and guest speakers
Spiritual programs & Services
Social activities, bus trips and outings
School visits
Personalised Visits
Community Visitors
Monthly Birthday celebrations
Hairdressers Manicure
Various outdoor space to enjoy with friends and family

Accommodation

Single rooms offer the comfort and privacy of a home-like environment, allowing residents to maintain their independence while having access to support and care when needed. Each room is designed to be both comfortable and practical, with space for residents to bring and enjoy their favourite personal items.



Rooms include:

- Built-in wardrobe
- Ensuite bathroom
- Bedside drawers
- Individually controlled heating
- Telephone
- Internet access

